

Parent & Child Activity Calendar

Early Childhood

Conchita Espinosa Academy



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2018				1 Practice naming the months of the year with your child.	2 Watch an educational show with your child. Afterward, talk about what is <i>real</i> and what is <i>pretend</i> .	3 Make puppets by drawing faces on the bottom flaps of small paper bags. Glue on yarn for hair.
4 Talk about animals your child might see in a zoo. What do they eat? Where do they sleep? Are they dangerous?	5 Talk with your child about things that are associated with spring, such as flowers, picnics and sunshine.	6 Discuss the meaning of <i>today</i> , <i>yesterday</i> and <i>tomorrow</i> with your child.	7 When you read a book to your child, point out the <i>beginning</i> , <i>middle</i> and <i>end</i> of the story.	8 With your child, estimate how many bowls of cereal you can pour from one box. Keep track until the box is empty.	9 Encourage your child's creativity by asking unusual questions. "What would you bring to a picnic in space?"	10 Decorate a shoebox to make a treasure chest. Fill it with small treats. Hide it and have a treasure hunt.
11 Go to a nearby park or running trail. Everyone run like the March wind!	12 Help your child make a get-well card for a friend or relative who is feeling under the weather.	13 Measure and weigh your child today. Teach her about inches and pounds.	14 Give your child a gift certificate good for one special activity with you.	15 Have your child try fun ways to practice writing, like with a finger in salt or using glitter glue.	16 Trace your child's hand on paper. Ask him to think of ways to be a helping hand. Write his ideas on the drawing.	17 Help your child learn to identify coins. The penny is easiest because of its different color.
18 Plan a week of alphabet dinners—serve foods that start with the same letter. Choose a different letter each day.	19 Use a favorite book to play peek-a-boo. Take turns hiding behind it and then read the book to your child.	20 Place a sheet of paper in a box. Have your child dip a marble in paint, drop it in the box and roll it around.	21 Watch or read the weather forecast together today. Locate the hottest and the coolest locations on a map.	22 Play a board game as a family this evening.	23 Make a pretend mailbox out of a box. Write a note to your child and let her find it. Read it together.	24 Sing your child's favorite song together.
25 Have your child decorate a paper plate. Cut holes for your child's eyes and mouth to create a mask.	26 Have your child close his eyes. Make a sound, such as jingling keys. Ask him to guess what you are doing.	27 Look in the mirror together. Ask, "What color are your eyes? Your hair? How many hands do you have?"	28 Give your child an empty plastic bucket and a wooden spoon. Let her tap the beat to music on her "drum."	29 Have your child practice counting to five. If this is easy, count to 10 or 20.	30 Keep the TV turned off today and let your child choose alternate activities.	31 Hug your child, for no reason other than loving him!